Recent Advances In Management Of Early Breast Cancer In Uk

Abstract

Breast cancer is the commonest cancer in females worldwide. Management of early breast cancer is standardised in developed countries and many other developing countries. Unfortunately, this is not the case in Iraq and other countries in Middle East. The acceptable rate of mastectomy is around 30% in favour of Breast Conserving Surgery (BCS) and less than 10% for open diagnostic biopsy. The introduction of sentinel node biopsy (SNB) has dramatically decreased the number of unnecessary axillary node clearance with marked benefits of less lymphoedema and other morbidities. All breast cancer patients should be treated by a dedicated multidisciplinary team (MDT) approach rather than dictated by surgeons or oncologists. There need to be more emphasis on early detection by raising awareness among women and the whole society and the need for better diagnostic, oncological and psychological support. The overall message to pass on is breast cancer is not a stigma or punishment and there is very optimistic survival figures for early detected breast cancer.